



- 1) **DATE** : 15TH APRIL 2018 (SUNDAY)
- 2) **VENUE (Start / Finish)** : Ibu Pejabat KTM Berhad, Jalan Sultan Hishamuddin, Kuala Lumpur.
- 3) **DISTANCE** : 10KM, 7KM and 5KM
- 4) **STARTING TIME** : 7.30AM
- 5) **ELIGIBILITY** : (i) Age qualification will be taken as of 31st December 2018
(ii) This competition is conducted under the rules of the Malaysian Athletic Federation (MAF) and also a set of competition rules. Open to all MALAYSIANS and Foreigners with PR Status.
- 6) **CLOSING DATE** : 2nd April 2018 or upon reaching 1,500 participants

7) **CODE, CATEGORIES, AGE GROUP, DISTANCES, QUALIFYING TIME.**

CODE	CATEGORIES	AGE GROUP	DISTANCE	QUALIFYING TIME	GATHERING TIME	STARTING TIME
A	Men Open	18 years & above (Born 2000 & Before)	10km	1hr 30 min	6.30am	7.30am
B	Women Open	18 years & above (Born 2000 & Before)	10km	1hr 30 min	6.30am	7.30am
C	Men Jr. Veteran	40 years – 49 year (Born 1969 to 1978)	10km	1hr 30 min	6.30am	7.30am
D	Men Sr. Veteran	50 years & above (Born 1968 & Before)	7km	70 min	7.00am	7.40am
E	Women Veteran	35 years & above (Born 1983 & Before)	7km	70 min	7.00am	7.40am
F	Men (KTMB)	18 years & above (Born 2000 & Before)	7km	70 min	7.00am	7.40am
G	Women (KTMB)	18 years & above (Born 2000 & Before)	7km	70 min	7.00am	7.40am
H	Fun Run	7years & above (Born 2011 & Before)	5km	----	7.15am	7.50am

8) **PRIZES (CASH AWARDS)**

POS	A (RM)	B (RM)	C (RM)	D (RM)	E (RM)	F (RM)	G (RM)	H (RM)	MEDALS	CERTIFICATES	T-SHIRTS
1 ST	700	700	700	500	500	500	500	---	All Finishers in Category A – H.	(i) All Runners in category A – G with E-certificates. (ii) All Runners in category H on the spot.	All Registered Participants
2 ND	500	500	500	400	400	400	400	---			
3 RD	300	300	300	300	300	300	300	---			
4 TH	200	200	200	200	200	200	200	---			
5 TH	100	100	100	100	100	100	100	---			
TOTAL	1800	1800	1800	1500	1500	1500	1500	---			
GRAND TOTAL : RM 11,400-00											

9) **ENTRY FEE –Registration**

Code	Category	Entry Fee (RM)		Code	Category	Entry Fee (RM)
A	Men Open	60-00		F	Men (KTMB)	40-00
B	Women Open	60-00		G	Women (KTMB)	40-00
C	Men Jr. Veteran	60-00		H	Fun Run	50-00
D	Men Sr. Veteran	60-00				
E	Women Veteran	60-00				

Please Note :

RM 60-00 is inclusive of online registration services.

10) **RUNNERS INCENTIVES**

NO	INCENTIVES	10KM	7KM	5KM (Fun Run)
1	Dry fit R/Neck T-Shirt	√	√	√
2	Finisher Medals	√	√	√
3	Position Trophies (First - Five only)	1 st – 5 th (Position Trophies)	1 st – 5 th (Position Trophies)	---
4	Prizes (Cash) 1 st –5 th Only	√	√	---
5	Personalized Bib Numbers	√ (A - C)	√ (D - G)	---
6	Normal Bib Numbers	---	---	√ (H)
7	Timing Chip	√ (A – C)	√ (D – G)	---
8	Certificate with timing	√ (A – C)	√ (D – G)	Certificate without Timing (H)
9	Insurance	√	√	√

11) **T-SHIRTS**

All registered runners will be issued a T-shirt.

12) **REGISTRATION CENTRE**

Category Open (A, B, C, D, E and H)

12.1) FTKLAA Office, 2nd Floor, Wisma OCM, Jalan Hang Jebat, 50150 Kuala Lumpur. **(WALK IN)**
Tel:- 03-2715 2843 Email:- sportfaaa@hotmail.com

- a) Time : 10.00 am – 5.00 pm (Monday – Friday)
10.00 am – 2.00 pm (Saturday)

b) Entry Form can be download from FTKLAA
Website :- www.ftklaa.com

c) **Entries By Mail:-**

Entries together with fees attached MO, PO, Cheque (crossed) and payable to **PERSATUAN OLAHRAGA AMATOR WILAYAH PERSEKUTUAN** are to be forwarded to **Competition Committee Chairman of Cross Country 2018 at C/O:- FTKLAA Office, 2nd Floor, Wisma OCM, Jalan Hang Jebat, 50150 Kuala Lumpur.**

Category Close (F and G) (KTMB Staffs)

12.2) Pejabat SBU Komuter, Aras 4, Stesen KL Sentral, Kuala Lumpur.

- a) Time : 10.00 am – 5.30 pm (Monday – Thursday)

13) **ONLINE REGISTRATION- 1) www.racexasia.com**

2) www.twentyfirstcenturysports.com

Any online registration that is not followed with online payment will become invalid registration. Therefore please ensure to pay online when you register online.

Note:

- No refund will be made for wrongful or multiple registration.
- Substitution and changing of categories is NOT allowed. Therefore please ensure to select the category that you are eligible to participate in, correctly. Otherwise you will have to re-register.
- Entries close on **2nd April 2018 or upon reaching 1,500 participants.**

14) **FINISHER MEDALS:-**

All finishers will get Finisher Medals at the finish line.

15) **CERTIFICATES**

Category A - H will receive the E-certificates within 15 days from the event day.

16) **RACE KIT COLLECTION**

DATE	TIME	PLACE
Category Open (A, B, C, D, E and H)		
13 th - 14 th April 2018 (Friday & Saturday)	10.00AM – 6.00PM	Mezzanine Floor, (1 st Floor), Wisma OCM, Jalan Hang Jebat, KL

For categories (A - G) a race kit consists of runners-T, a number bib (with timing chips) and safety pins. Strictly no collection on event day

All the uncollected race kits will be deemed as unwanted and therefore become the property of the organizer. The organizer reserves the right to dispose or redistribute the race kits in any manner deemed appropriate.

17) **Enquiries:-**

For all enquiries:

- Manual Registration : 03-2715 2843 (FTKLAA)
03-2279 8849 (Peserta Awam and KTMB)
- FTKLAA Email :- sportfaaa@hotmail.com

18) **Chip System is provided for Category A –G**

Please ensure you receive a timing device attached to your number bib with your race kit and verify the details at the timing system booth during Numbers Collection.

19) **Prize Giving**

- All prize winners must produce their identify cards or passport for age verification.
- If you are a foreigner then you must produce P. R. Status documents during bibs collection.
- Winners must ensure to collect their cash awards after the race and upon announcement of results.
- All uncollected cash awards will be forfeited.
- The first five winners in each category will receive Trophies and prizes in kind and mock cheques during prize giving ceremony.
- Only 1st to 5th prize winners will be announced on the race day?

20) **ROUTE**

The route.
(As a guide the route is attached).

21) **REFRESHMENT STATIONS**

Refreshments stations will be made available on route and finish.

22) **WINNERS AGE VERIFICATION**

All cash prize winners must present identity card or P.R. Status Card for age verifications at the Technical Secretariat Centre.

23) **END OF COMPETITION**

The Run 10km will be officially over after 1 hour 30 minutes from start time.

24) The organizers reserves the right to use any photograph (including those of participants), motion pictures, recordings or any other media records of the event taken before, during and after the event, for any legitimate purpose including commercial advertising and distribution to sponsors.

25) Whilst every reasonable precaution will be taken by the organizers to ensure the participants safety, participants run at their own risk and the organizers will not be responsible or held liable for any injury or death how ever arising from training for or during participation in the race. Participants are strongly encouraged to go for a medical examination and or consult their medical practitioner prior to registration and before the actual race day.

26) The organizers reserve the right to delay the commencement of the race in the even of heavy rain or thunderstorm or extreme weather condition. Should the heavy rain, thunderstorm or extreme weather condition persist after delay, the organizers reserve the right to cancel the race without any refund. In the event of heavy rain or thunderstorm or catastrophic or natural disaster resulting in postponement or cancellation of the above event, the organisers shall not be held responsible for any claims whatever in any form made by any individual or parties concerned.

27) The organizers reserve the right to remove any participant deemed physically incapable of continuing with the race to prevent him/her from causing greater harm and injury to him/her.

28) **WINNER'S TAG**

Winners tags are only an indication that you are a potential winner but subject to changes after results certification.

29) **CAR PARK (PARKING)**

Parking Awam Masjid Negara.

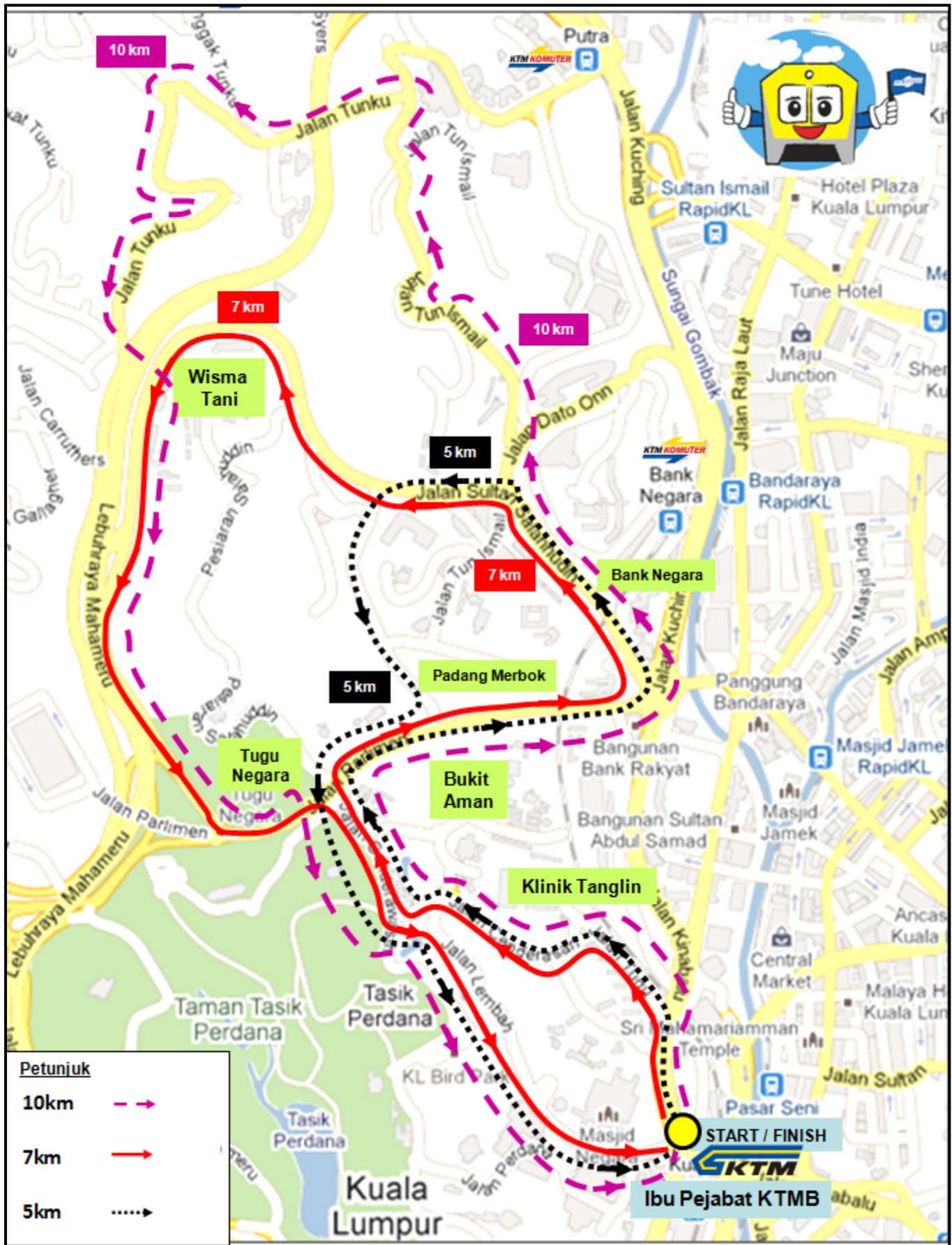
30) **LUCKY DRAWS**

Lucky Draws are to be conducted after the Awards Ceremony.

31) **FUN RUN**

Parents are allowed to bring their children below the ages of 7 within the 5km Fun Run at their own risk. Parents must take full responsibility of their children's wellbeing pre, during and after **KTMB "SKY PARK LINK RUN 2018"**. No registration is required for children aged below 7 years as they are not in the competition and therefore they will not be entitled for t-shirts, finisher medal, certificate and etc. Organiser will not be held responsible for the safety and wellbeing of any child below the age of 7 years.

MAP - (10km, 7km & 5km)



CLOSING DATE

2nd April 2018 or upon reaching
1,500 participants



For Official Use

**ENTRY FORM
INDIVIDUAL PARTICIPANTS**

RULES

The competition shall be held under MAF rules and the rules of the 2018 Organising Committee.

CATEGORY PARTICIPATION

I wish to participate in the following event (Please tick (✓) in the appropriate box)

Money Order / Postal Order and Banker's Cheque (crossed) payable to <u>PERSATUAN OLAHRAGA AMATOR WILAYAH PERSEKUTUAN</u>					
CODE	CATEGORIES	DISTANCE	AGE GROUP	ENTRY FEE	TICK HERE
A	Men Open	10KM	18 years & above (Born 2000 & Before)	RM 60-00	
B	Women Open	10KM	18 years & above (Born 2000 & Before)	RM 60-00	
C	Men Jr. Veteran	10KM	40 years – 49 year (Born 1969 to 1978)	RM 60-00	
D	Men Sr. Veteran	7KM	50 years & above (Born 1968 & Before)	RM 60-00	
E	Women Veteran	7KM	35 years & above (Born 1983 & Before)	RM 60-00	
F	Men (KTMB)	7KM	18 years & above (Born 2000 & Before)	RM 40-00	
G	Women (KTMB)	7KM	18 years & above (Born 2000 & Before)	RM 40-00	
H	Fun Run	5KM	7years & above (Born 2011 & Before)	RM 50-00	

NAME IN FULL (BLOCK LETTERS)

ADDRESS (BLOCK LETTERS) NOTE:- KINDLY FILL YOUR ADDRESS CORRECTLY FOR THE MAILING OF CERTIFICATES

TELEPHONE NO. :	<input type="text"/>	HAND PHONE NO. :-	<input type="text"/>
NATIONALLY :	<input type="text"/>	I/C NO./PASSPORT NO.:-	<input type="text"/>
DATE OF BIRTH :	<input type="text"/>	AGE :	<input type="text"/>
E-MAIL ADDRESS :	<input type="text"/>		

T-SHIRTS	SIZE (UNISEX)	XS	S	M	L	XL	XXL	XXXL
	CHEST WITH	36	38	40	42	44	46	48
	PLEASE TICK (✓)							

Note : All chest with measurement given above are circumference measurement from armpit to armpit in inches.

EMERGENCY CONTACT PERSON :	<input type="text"/>	RELATIONSHIP :-	<input type="text"/>	CONTACT NO:-	<input type="text"/>
MEDICAL CONDITIONS (IF ANY)	<input type="text"/>				

WAIVER CLAUSE

This is to certify that I, _____, I/C / Passport No. _____, have read and understood the rules and regulations pertaining to my participation in the "SKY PARK LINK RUN 2018" Organised under the rules of IAAF and MAF.

In consideration of the acceptance of my entry, I for my heirs, executors & administrator, release and forever discharge the "SKY PARK LINK RUN 2018" the Organisers, their partners, sponsors, their appointed staff and officials of all liabilities, claims, actions, damage, costs or expenses which I may have against them arising out of any way connected with my participation in this event, including travel to and fro this event and including all injuries that may be suffered by me before, during and after the event.

I understand that this indemnity includes any claims based on negligence, action or inaction of any of the above parties.

I recognise the difficulties of the event and attest that I am sufficiently physically fit to compete safely in the "SKY PARK LINK RUN 2018" and I have not been advised otherwise by a qualified medical professional.

Signature Of participants :-

AUTHORISATION BY PARENTS / GUARDIAN OR PARTICIPANTS UNDER 18 YEARS OLD			
1,	<input type="text"/>		
Parent / guardian of the above named authorise his / her participation in the "SKY PARK LINK RUN 2018."	<input type="text"/>		
Signature _____	Date _____	I/C/ Passport No. _____	

ENTRY FORM SCHOOLS

CLOSING DATE

2nd April 2018 or upon reaching 1,500 participants



DATE : 15TH APRIL 2018 (SUNDAY)

TIME : 7.30 AM

VENUE : START & FINISH (Ibu Pejabat KTM Berhad, Jalan Sultan Hishamuddin, Kuala Lumpur.)

CODE	CATEGORY	DISTANCE	ENTRY FEE	TICK
H	Fun Run - 7years & above (Born 2011 & Before)	5KM	RM 50-00	

(Use separate forms for each category)

SCHOOL NAME AND ADDRESS IN FULL

Postcode :	Telephone No.:	E- mail :
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NO	NAME PARTICIPANT (BIG LETTER)	MYKAD NO AND DATE OF BIRTH	PARTICIPANT NO. (LEAVE IN THE BLANK)
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			

I have read the rules and regulations and agree to participate on the understanding that I will adhere to ALL the rules and regulations.

.....
(NAME OF TEACHERS)

.....
DATE

SCHOOL CHOP